

Hawk Gymnastics Summer Camp



For current and upcoming Heath HS and Cain MS Gymnast and Male Gymnast grades 6th thru 12th

Summer camp is a great opportunity for you to learn new skills, enhance your current skills, and meet new friends!



Times, Cost, and General Information

- Camp Days and Times
 - Wednesday, Thursday, Friday
 - 10:00 am - 12:00 pm (middle school) 11:00 - 1:00 pm (high school)
- Sessions
 - 1st Session: July 5th - July 7th
 - 2nd Session: July 12th - July 14th
 - 3rd Session: July 19th - July 21st
 - 4th Session: July 26th - July 28th
- Daily Schedule:
 - warm-up, Event and Skill Work
 - Strength/Conditioning, Prehab and Flexibility
- \$100.00 a week (\$35 per day options also available) checks payable to James Pershin
- Location: Rockwall-Heath HS Gymnastics Gym located in the indoor facility
- All gymnast must be covered by their family's medical insurance in case of an illness or injury while attending camp.
- Registration and waiver form must be signed and camp tuition check turned into Coach Pershin before your child can be enrolled in the summer camp.
- If you have any questions, email james.pershin@rockwallisd.org

*All RISD athletic camps donate a portion of the proceeds to the RISD athletic fee.

*Scholarships Awarded.

*RISD Approved Camp

Registration and Waiver for Gymnastics Camp

Gymnast Name: _____ Grade (Next Year): _____
Parent/Guardian Name: _____ Cell Phone: _____
Work Phone: _____ Parent E-Mail: _____
Camp weeks attending: _____

WAIVER OF CLAIMS

My child has permission to participate in the Hawk Gymnastics Summer Camp. If in the judgment of a representative of the Hawk Gymnastics Summer Camp my child needs immediate treatment as a result of any injury or sickness, I authorize such treatment to be given to my child by any physician, hospital, or representative. I will be fully and completely responsible for any cost incurred due to injury or sickness of my child through participation in the Hawk Gymnastics Summer Camp. I hereby release and indemnify Hawk Gymnastics Summer Camp and coaches from all liability.

Parent/Guardian Name Printed: _____ Parent/Guardian Signature/Date: _____