School Health Advisory Council (SHAC)
Minutes from Meeting on September 14, 2016

The SHAC committee met at the RISD Administration building. In attendance were Marty Barbieri, Whitney Berry, Marie Burton, Jill Ebeling, Laurin DeStefano, Carlie Hendrickson-Lee, Miranda Hyvl, Patrick Just, Rebecca Lara, Sarah McCutcheon, Sara Murphy, Kim Pugsley, Susan Sargent, Natalie Shepherd and Nichol Smithers.

The meeting was called to order at 1730 by Laurin DeStefano. DeStefano provided an overview of the SHAC, SHAC responsibilities and bylaws, ten components of the coordinated school health model. DeStefano also provided a review of the 2015-16 Annual Report to the Board of Trustees and an activity on focus with a Spot It game.

Officer elections were conducted by DeStefano. A motion was made for Sarah McCutcheon to serve as Secretary by Nichol Smithers, second by Marty Barbieri. The motion was approved unanimously. A motion was made for Jill Ebeling to serve as Co-Chair by Whitney Berry, second by Sarah McCutcheon. The motion was approved unanimously. A motion was made for Carlie Hendrickson-Lee to serve as Chair by Marty Barbieri, second by Jill Ebeling. The motion was approved unanimously.

DeStefano requested input on SHAC hot topics. Sara Murphy suggested responsible texting/sexting issue. Barbieri provided an overview of district initiatives on responsible digital citizenship, including safety curriculum, counselor presentations to students, and upcoming Parent Connection events. Sarah Ebeling suggested obesity and nutrition as a hot topic, and feedback from the group was provided on increasing fruit and vegetable consumption, cafeteria choices, and improving classroom snacks when offered. Recess was suggested by the group as a hot topic, including not allowing denial of recess as a discipline method and offering recess before lunch to improve nutrition.

Smithers informed the members of the district's SHAC web page.

The next meeting for SHAC is Wednesday, November 9, 2016 at 1730, at the RISD Administration Building.

The meeting was adjourned at 1838 by DeStefano.